



**fit to a tee**

## ASIAN PEANUT BUTTER NOODLES

### INGREDIENTS:

- 2 1/2 TSPS grated lime zest
- 1/4 fresh lime juice
- 2 TBLS soy sauce
- 2 TSPS water
- 1 tsp toasted sesame oil
- 1/3 c creamy peanut butter
- 1 1/2 TSPS minced fresh ginger
- 2 garlic cloves
- 1/4 TSP table salt
- 1/4 tsp black pepper
- 8 OZ linguini or spaghetti
- 2 cups fresh broccoli florets
- 2 medium carrots, grated
- 1 medium sweet red pepper, julienned
- 2 scallions (green onions), chopped
- 2 TBLS minced fresh basil
- OPTIONAL: ROASTED, SALTED PEANUTS chopped

### DIRECTIONS:

1. Place the first 10 ingredients in a blender. Cover and process until blended.
2. Cook the pasta and the broccoli until just tender
3. Transfer to a bowl and toss with the blended sauce, carrots & red pepper
4. Top with the scallions and basil and peanuts if using